



5mm Bleed area



Trim area



Type area

5mm bleed required to all adverts that are to bleed off the page.

Bleed is not required for adverts that are type area only.

Please DO NOT include crop marks or colour bars

Logos on the front cover

Please supply as:

- Adobe Illustrator (ai) – All text outlined
- High resolution PDF
- JPEG
- EPS
- Resolution – minimum 150dpi, maximum 300dpi

Editorial images

High resolution jpeg – minimum 150dpi, maximum 300dpi

Online advertising

Online Permanent Tile – Hot button:

Ad size: 130 x 130 pixels

Format: jpeg only, No animated GIFs.

Online Horizontal Flash Banner:

Ad size: 728 x 90 pixels.

Format: jpeg for your banner ad.

A final URL should also be supplied which we will use as the click through link.

For animated banners, these should be supplied in .GIF format, as many browsers now automatically block flash content due to the security vulnerability. If you must supply your animated banner as an SWF flash file, then we will use it, but we cannot be held responsible for it not being shown in the users browser, therefore we recommend the .GIF format instead.

Maximum file size should not exceed 200kb wherever possible as this may delay the banner loading in.



Production Manager: Jason Taylor
Email: production@medicalhealthltd.com
Production Tel: + 44 (0) 1252 617050
Office Tel: + 44 (0) 203 283 8199
E: info@medicalhealthltd.com
W: www.medicalhealthltd.com

Full page ad:

Trim size 275mm wide x 355mm high

Bleed size 285mm wide x 365mm high

Type area 255mm wide x 335mm high

Half page horizontal ad:

Trim size 275mm wide x 177mm high

Bleed size 285mm wide x 187mm high

Type area 255mm wide x 167mm high

Quarter page ad:

Trim size 275mm wide x 88mm high

Bleed size 285mm wide x 98mm high

Type area 255mm wide x 78mm high